

Crow Wing County Care & Treatment Resources

EMERGENCY & REFERRAL RESOURCES

Ambulance & Emergency Care - Brainerd	218-828-7557
Ambulance & Emergency Care - Crosby	911
CRISIS LINE/REFERRAL SERVICE - (24 hour Hotline)	218-828-4357 or 800-462-5525
Crow Wing County Sheriff	218-829-2805 or 218-829-4749
Cuyuna Regional Medical Center - 320 E Main Street, Crosby, MN	218-546-7000
Emergency Dental - The Smile Center	800-477-7645
Family Homeless Prevention - HOPE - Lutheran Social Services	218-829-5000
FREE 24 Hour Addiction Hotline	800-559-9503
Lakes Area Outreach Program - LSS (Emergency Assistance)	218-828-4399
Minnesota First Call for Help	800-543-7709 or call 211
Safe Place for Newborns - Before Birth: Social Services	218-824-1140
Safe Place for Newborns - After Birth: Bring the infant to any Emergency Room and tell them "Safe Place." This is a confidential resource.	
Sexual Assault	218-828-0494 or 888-458-0494
St. Joseph's Medical Center - 523 N 3rd Street, Brainerd, MN	218-829-2861
US Department of Health & Human Services Substance Abuse Referral Line	800-662 HELP(4357)
Women's Center of Mid Minnesota & Domestic Abuse line	218-828-1216 or 888-777-1248

REGIONAL HEALTH CARE TREATMENT OPTIONS

To inquire about treatment, call Crow Wing County: 218-824-1140.

- Request to talk to the Chemical Dependency Unit.
- Make an appointment for a chemical dependency assessment (Rule 25). It is an evaluation and this may take some time. If you qualify, it can pay for treatment.
- If you do not have insurance or qualify for the Rule 24/2,5 you can apply for Minnesota health care programs. Call - 218-824-1250 or 1-888-772-8212 (Ask for Medical Assistance and request an application).
- Applications can also be obtained at:
www.dhs.state.mn.us/main/groups/healthcare/documents/pub/DHS_id_006255.hcsp
- Application should be returned to the county.

AA and NA are excellent options while waiting for treatment.

TREATMENT/COUNSELING RESOURCES

TREATMENT:

ADAPT of Minnesota	218-829-1063
Community Addiction Recovery Enterprise	218-828-2389 or 800-627-3529
Central MN Mental Health Center - St Cloud	320-252-5010
Alcohol/Drug Abuse Service/Detox/Crisis Hotline:	320-253-5555 or 800-635-8008
Crow Wing County Detox	218-855-5127 or 218-828-2389
Crow Wing Co Social Services	218-824-1140 or 888-772-8211
FOCUS Unit (St. Joseph's Medical Center)	218-828-7374
Journey in Recovery (St Christopher's Catholic Church)	218-963-3115

COUNSELING:

<u>Associated Psychological Services</u>	<u>218-829-0501</u>
<u>Center for Personal Counseling</u>	<u>218-828-4602</u>
<u>CORE Psychological Services</u>	<u>218-829-7140</u>
<u>Cornerstone Counseling Center</u>	<u>218-828-1028</u>
<u>The Counseling Center</u>	<u>218-828-7379</u>
<u>Lakes Area Counseling</u>	<u>218-829-0307</u>
<u>Lakeside Counseling</u>	<u>218-678-2859</u>
<u>Living Free</u>	<u>218-829-0612</u>
<u>Northern Pines Mental Health Center</u>	<u>218-829-3235</u>
<u>Nystrom & Associates, Ltd.</u>	<u>218-829-9307</u>
<u>Pathways Psychological Services</u>	<u>218-828-8810</u>
<u>PORT Group Homes www.portgrouphomes.org</u>	<u>218-828-6274</u>
<u>Vicki Serum</u>	<u>218-851-3813</u>

SUPPORT GROUPS/SERVICES

<u>AA Club Rooms - 302 4th Ave NE, Brainerd</u>	<u>218-828-4811</u>
<u>- 217 S 8th Street, Brainerd</u>	<u>218-829-8840</u>
<u>AA GROUPS:</u>	<u>800-258-7780</u>
<u>ALANON – Brainerd (www.minnesotanorth-al-anon.org)</u>	<u>218-825-3770</u>
<u>Bridges of Hope</u>	<u>218-825-7680 or 888-750-7680</u>
<u>Central Lakes Medical Clinic</u>	<u>218-546-7462</u>
<u>Crow Wing Co Health Department</u>	<u>218-824-1080 or 877-724-1080</u>
<u>Crow Wing Co Social Services (www.crow-wing.mn.us)</u>	<u>218-824-1140</u>
<u>Crow Wing Co Victim Services</u>	<u>218-828-9518</u>
<u>Drug & Alcohol Hotline</u>	<u>800-315-6140</u>
<u>Hazelden Foundation</u>	<u>800-254-7800</u>
<u>Journey in Recovery</u>	<u>218-963-3115</u>
<u>Lakes Area Pregnancy Support Center</u>	<u>218-825-0793 or 800-395-HELP</u>
<u>Lutheran Social Services (www.lssmn.org)</u>	<u>218-829-9214</u>
<u>(In Home Support, Respite Care, Caregiver Support, Programs for Children and Families)</u>	
<u>Meth Information/Tip Line</u>	<u>218-822-6384</u>
<u>Narcotics Anonymous (Toll free state wide meeting information)</u>	<u>218-829-8840 or 877-767-7676</u>
<u>St Joseph's Medical Center (www.sjmcmn.org)</u>	<u>218-828-2861</u>
<u>UPOD (Consulting for Addiction, Prevention, Intervention)</u>	<u>877-980-8763</u>

HEALTH CARE RESOURCES IF UNINSURED

<u>Behavioral Healthcare Providers (BHP) / UCare</u>	<u>800-361-0491</u>
<u>Health Partners (HP)</u>	<u>952-967-7998</u>
<u>United Behavioral Health (UBH) / Medica</u>	<u>800-848-8327</u>
<u>Behavioral Health / Blue Plus (BCBS)</u>	<u>800-469-1110</u>

WEBSITES

<u>Addiction Treatment Resource</u>	www.addictiontreatmentresource.com
<u>Alcoholics Anonymous</u>	www.alcoholics-anonymous.org
<u>Al-Anon or Alateen Family Groups</u>	www.minnesotanorth-al-anon.org
<u>Anti-Drug</u>	www.theantidrug.com
<u>Crystal Meth Anonymous Meetings</u>	www.crystalmeth.org
<u>Center for Substance Abuse (CSAT)</u>	www.csat.samhsa.gov
<u>CentraCare - Recovery Plus</u>	www.centracare.com
<u>DEA Street Smart Prevention</u>	www.justthinktwice.com
<u>Drug Rehab and Drug Rehab Treatment</u>	www.drug-rehab.com
<u>Federal Meth Resource</u>	www.methresources.gov
<u>Free Vibe</u>	www.freevibe.com/drug_facts/meth.asp
<u>Hazelden</u>	www.hazelden.org
<u>Hythiam</u>	www.hythiam.com
<u>Operation ARMMS – CWC Meth Coalition</u>	www.operationarmms.org
<u>MN Department of Health</u>	www.health.state.mn.us/divs/eh/meth/index/html
<u>MN Institute of Public Health</u>	www.miph.org
<u>MN Recovery (links to many sites)</u>	www.minnesotarecovery.info
<u>MN Teen Challenge</u>	www.mntc.org
<u>Montana Meth</u>	www.montanameth.org
<u>Mothers Against Methamphetamine</u>	www.mamasite.net
<u>National Drug Intelligence Center</u>	www.usdoj.gov
<u>National Institute of Drug Abuse</u>	www.nida.nih.gov
<u>National Institute on Alcohol Abuse/Alcoholism</u>	www.thecoolspot.org
<u>Office for Victims of Crime</u>	www.ovc.gov
<u>Office of National Drug Control Policy</u>	www.whitehousedrugpolicy.gov
<u>Partnership for a Drug-Free America</u>	www.drugfree.org
<u>Substance Abuse/Mental Health Svc (SAMHSA)</u>	www.oas.samhsa.gov
<u>SAMHSA's Treatment Locator</u>	www.findtreatment.samhsa.gov/facilitylocator/doc.html
<u>Teen Resource (self check)</u>	www.checkyourself.com
<u>UPOD (Consulting for Addiction, Prevention, Intervention)</u>	www.upodconsulting.com